



CHILDREN OF ADDICTION WEEK



PMS SPREAD LOVE WEEK FEB. 13-17

Monday 2/13

Activity:

Show your love for YOURSELF!

Practice one act of self-care for yourself!

Tuesday 2/14

Activity:

WEAR RED, WHITE AND PINK!

Show your appreciation and thank a PMS faculty member who has shown you support!

Wednesday
2/15

Activity:

Show support for your friends!

Stop by Ms. LaDisa's table today for some candy and write a message of support for a child of addiction.

Thursday 2/16

Activity:

Show your love for PMS!

Wear spirit gear to show your support of PMS!

Friday 2/17

Activity:

Show others love!

Pick a random act of kindness and do that today.

