

CODA SPIRIT WEEK

5/8-5/12

5/8

SUPERSTAR MONDAY

Celebrate the CODA 2-star logo by dressing up as your favorite star/celebrity.

5/9

TIE DYE TUESDAY

Wear tie dye to embrace all that we feel & to show that it's ok to experience different emotions.

5/10

SCHOOL SPIRIT WEDNESDAY

Embrace the "family", and being linked together.

5/11

BE COMFORTABLE IN YOUR OWN SKIN THURSDAY

Dress comfy & school appropriate. (No pajamas)

5/12

GREEN, WHITE & BLACK FRIDAY

Wear these colors to represent the CODA colors.

Stop by Ms. LaDisa's table in the main lobby for giveaways & to share who you can connect with if you need support!

For more information, please contact Student Assistance Counselor Ms. LaDisa in Rm 216.

CODA stands for Co-Occurring Disorders Awareness. Co-Occurring Disorders (COD) is the combination of one or more mental health challenges & alcohol, marijuana, opioid or other substance misuse.